

## CWI 101 Topic Master List Fall 2022

### CWI 101 Pathways Pilot Courses

**Pathways to Health Science** provides a goals-based approach to student success while introducing students to majors and careers in health science, public health, exercise science, and related fields. [**Pathways Health Science**]

**Pathways to Career Exploration** provides a goals-based approach to student success while introducing students to majors and careers in humanities, English, studio arts, languages, liberal arts, and other fields. Students who are considering a non-STEM major should take this CWI course and will have the opportunity to explore a variety of career paths. [**Pathways Career Exploration**]

**Pathways to Social Sciences and Public Policy** provides a goals-based approach to student success while introducing students to majors and careers in fields such as criminal justice, public policy, fire management, psychology, and social work. [**Pathways Social Science**]

**Pathways to Business, Communication, and Information Technology** provides a goals-based approach to student success while introducing students to majors and careers in business, communication, and information technology. [**Pathways Business**]

**Pathways to STEM** provides a goals-based approach to student success while introducing students to majors and careers in science, technology, math, and engineering. Students who are considering a STEM major should take this CWI course and will have the opportunity to explore a variety of career paths. [**Pathways STEM**]

### CWI 101 Themed Courses

Marianne Nelson [Life Sciences](#)  
**How Not to Die: Surviving the Extremes**

Why is it so hard to breathe at the top of Mt. Everest and why can't a scuba diver race to the surface from 90 feet underwater? We will explore those topics as well as the extreme survival conditions in the desert and out at sea. How does the human body adapt physiologically to maintain homeostasis when we are challenged to survive? Similarly, how can you survive and thrive

as a college student? Let's explore all the ways to make smart decisions in conditions you will face in and out of a classroom. **[How Not to Die]**

Goran Fazil [Visual and Performing Arts](#)  
**History of Animation**

Animation is a popular medium in our contemporary world and it has been for hundreds of years. During this time animated movies have made a huge impact on our popular culture. This course will explore the origins of animation and its history. We will look into various different genres, styles, media, and techniques in regards to animated movies and their evolution over time. Animation is an international global medium, and therefore in this class we will examine various different leading practitioners from all over the world. Through the examination of animated movies we will gain an insight into various social and cultural contexts in which these movies were created.  
**[History of Animation]**

Liza Long [Integrated Studies](#), Andrea Schumaker [Agricultural Science](#), Karen Brown, [Visual and Performing Arts](#), Elizabeth Cook, [Visual and Performing Arts](#)

**You Are What You Eat: Exploring Our Relationships with Food**

This course explores the complicated relationship between humans and their diet, using Michael Pollan's *The Omnivore's Dilemma* as a guide. In 21<sup>st</sup> century America, we have nearly limitless choices about what to eat. But those choices come with hidden costs. What we choose to eat affects everything from our personal physical and mental health to our communities to the global environment. Our diet may reflect deeply held ethical or religious beliefs. It may indicate our economic status or our cultural background. Or it may represent a mindful choice designed to fuel a healthy lifestyle. In this course, we will learn where our food comes from, how diet impacts our health, and what our individual diet choices mean within a global context. We will also learn practical tools and strategies to promote success in college and in life.  
**[You Are What You Eat]**

Brenda Fischer [Visual Arts and Humanities](#)  
**Using Design Thinking to Build a Life You Love**

Many of us want to be creative and often work to find creative outlets, but most people have yet to examine how to use the creative process purposefully. This course will focus on applying design thinking to harness our creativity and make it part of a process we can use to achieve important

things and tackle challenges. Design thinking is—as discussed in the book *Designing Your Life: How to Live a Well-Lived, Joyful Life*—a method of solving difficult and complex problems through thinking creatively and testing ideas. We will focus on how to use design thinking to build possibilities for your future education, career, and life. **[Build A Life You Love]**

Kim Johaneck **Sociology**, Allison Molitor **Psychology**  
**Heroes and Villains**

What does it mean to be a hero or a villain? We will consider both famous and obscure examples of unique individuals and their circumstances. Heroic stories can inspire us to be persistent and resilient in the face of trials, whereas stories of villains can serve as a warning and strengthen our resolve. What factors lead to an individual's success or failure? Various case studies will be examined relating to topics such as culture, opportunity, personality, genius, persistence, and achievement. This is an interdisciplinary course, primarily drawing from sociology, psychology and history. You will be able to develop practical tools to define your own personal and professional goals and determine how you can overcome obstacles to achieve your goals.

**[Heroes and Villains]**

Autumn Brackley **English**  
**The New Dystopian Hero**

The New Dystopian Hero Dystopian stories like *Divergent*, *The Hunger Games* or *The Giver* are set in a time when things have gone horribly wrong in the world, and they warn about where our culture may end up if we aren't careful. In this class we will examine some of these storylines to see what kind of messages they are sending about current American values. Ultimately, we will try to decipher how these books and movies define the new American hero.

NOTE: Online sections of CWI are designed for students in fully online degrees. Students who are taking any face-to-face classes should select a face-to-face or hybrid section of CWI **[Dystopian Hero]**.

Megan Hudson **Integrated Studies**  
**Reading and Navigating through Idaho Whitewater**

Idaho is considered the "whitewater playground" for river enthusiasts. The state boasts numerous whitewater river trips that are easily accessible for day or multiday trips. River adventures will provide an experience you will never forget. How you remember the trip completely depends on your planning, preparedness and appreciating the force of Mother Nature. Those who take the time to understand, respect and utilize the energy of the river

will undoubtedly return time and again to create memories that last a lifetime. This course will compare the enthusiasm of whitewater rafting to the enthusiasm of higher education learning. Both fields require extensive research, planning, goal setting, mentoring, first-hand experience, support and navigation to have a positive, successful experience. Each concept of whitewater rafting preparation will parallel a concept of preparing for and being successful in college. **[Reading and Navigating: Idaho Whitewater]**

Amy Vassar & Andrew Horning **Modern Languages**  
**Language and Identity**

How literate are you? What parts of your life does literacy affect? What role does a person's speech and writing play in first impressions and stereotypes? Does your lexicon determine whether or not you get a job? A date? Should it? What causes linguistic stereotypes, such as French being the language of love and German the language of war? These questions and more will be addressed through movies, social media and literature. We will explore how the basic building blocks of language affect communication and how language and culture impacts a person's identity and their perspective of the world. Students will learn how an awareness of language and identity can help them to better navigate and participate in a multilingual world.

**[Language and Identity]**

Scott Straub **Education**  
**Movies that Move Us**

Do you like films that are inspiring, uplifting, and intriguing? Do you wonder whether movies can move people to action? The classroom, with all its inherent drama, conflict, and diversity, has provided the perfect setting for many books and movies in our culture. In this course we'll explore how education portrayed in cinema and literature compares to the real world, and we'll have some fun along the way. Additionally, we'll discuss how adults learn, in both a traditional and online environment. Students completing this course will be better prepared to succeed in college and in life. Whether you are just curious about how movies influence our lives or perhaps you are considering a career in teaching, join us to uncover the tips and tricks to achievement in school, and beyond. **[Movies that Move Us]**