

# STRESSED OUT?



Tests Deadlines Projects  
Finals School Class  
Stress College Work

## PAWS TO DE-STRESS!

Finals, Spring Registration, Work  
have you *STRESSED OUT?*

CWI welcomes students and staff to come take a break, relax, and take your mind off of finals! Therapy dogs will be at CWI locations the week before finals. The end of the semester is hard, we understand!

*Great way to reduce stress and anxiety!*



*Visit the Therapy Dogs*  
**December 5 - 9**

### **Monday Dec. 5**

APIN Rm 1118 | 11 a.m. – Noon  
CYNCO One Stop | 10 – 11 a.m.

### **Tuesday Dec. 6**

NCAB Rm 107F | 11 a.m. – Noon

### **Wednesday Dec. 7**

APIN Rm 1118 | Noon – 1 p.m.  
ALYN Rm 1110 | 3 – 4 p.m.

### **Thursday Dec. 8**

NMPT Rm 1210 | 11 a.m. – Noon  
ALYN Rm 1110 | 1 – 3 p.m.

### **Friday Dec. 9**

NADM Suite 101 | 11 a.m. – Noon



*Achieve More!*